

DEFENSIVE TECHNIQUES

Mastering defensive techniques allows for a better stress control and choosing the best solution to control a situation without use of force



Preventive attitudes and physical control towards aggressivity.

International Bodyguard Academy Inc

Who may attend these trainings?

Security agents
Corporate security services
Individuals concerned about their personal protection

Are the trainings recognized?

Yes, At the end of each training and after every successful passed qualification test, each student will receive his **accreditation card** as required for certifications by Monadnock, Smith&Wesson, PPS council etc...

Do we need prior training?

No. Our objective is to provoke a physically and psychologically stressful situation that we adapt to the defensive techniques that are inside each and every one of us. Well trained participants will be able to reinforce the efficiency of their techniques and for those who have no training at all will learn key defensive and counter attack techniques in a stressful environment that we have created.

How long is this training camp?

Duration of courses is variable depending on the chosen training session. Initial certification program, annual re-certification, basic or advanced course, personalized training, and annual training plans.

Our instructors are certified



Contact for more informations?

Contact the International Bodyguard Academy in Montreal



Site Web : www.bodyguard911.com
E-mail : jcb@bodyguard911.com
Téléphone : 514.932.0485

What courses are offered?

Monadnock Expandable Baton certification (MEB)

Basic course = 6 hours
Advanced course = 8 hours

PR-24 TONFA (police baton)

6 hours training session

MONADNOCK DEFENSIVE TACTICS SYSTEM (MDTS)

Striking techniques, pattern of movement
Blocking techniques, pressure point control
Ground control, handcuffing, weapon retention
2 x 6 hours courses

SMITH & WESSON

Practical and tactical handcuffing

Ground control
Team handcuffing
Single handcuffing
2 x 6 hours course

POLICE PRESSURE POINT SYSTEM (PPPS)

Aggressive behavior control using pressure point techniques.
- The effects and the reasons for using the PPPS system
- Localization and characteristics of the PS
- Use of impact weapons and the PPPS system
- Dynamic exercises, real-life situations, simulations

USE OF FORCE DECISION MAKING

Theoretical and practical training

LESS LETHAL WEAPON SYSTEM SPECIAL TRAININGS

Taser
Pepper spray
Special impact weapons